## Instructions for customizing your notifications for SBCAMFT's Forum/Groups:

**Step 1:** Click Log in on the upper right-hand corner of the website.



Step 2: Click "Log in with email" button.



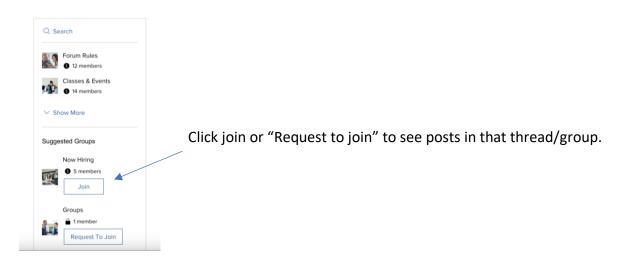
Password

**Step 3:** Scroll down in the pop-up window until you see "Already a Member? Log in." Click "Log In".

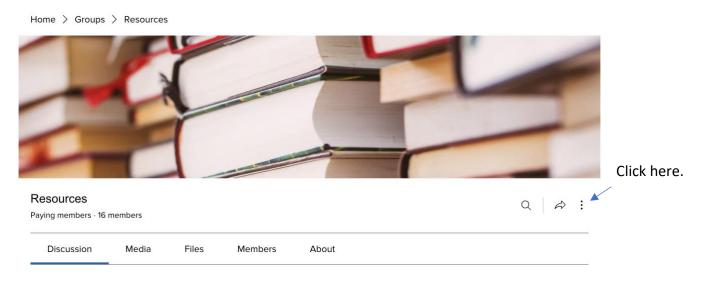


**Step 4:** After you are logged in, click on <u>FORUM</u> in the main menu. This is also called Groups.

**Step 5:** Join any of the groups you want to join (groups are the same as Forum threads—they are topics you might want to follow such as Referrals, Classes, Resources, For Sale, etc.).

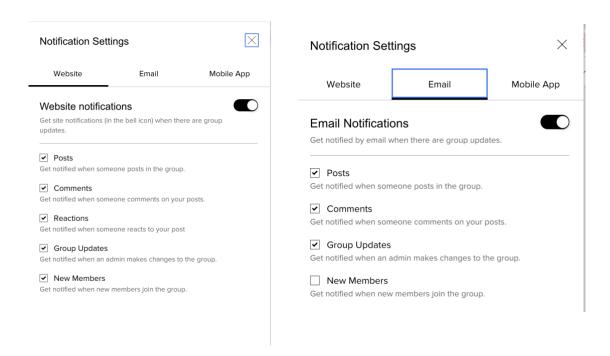


**Step 6:** Customize notification settings by clicking on the group name once you have joined. Click on the more options (3 vertical dots) menu on the upper right-hand side.



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**Step 7:** Customize notification settings by clicking on the website tab to determine what notifications you see in your Group feed when logged in on sbcamft.org. To modify email settings, click the second email tab (see images below).



Step 8: Click the save button.

